

The Back Page

My Journey by Valerie Madden



The Centre For Chiropractic Health

3-790 Burnhamthorpe Rd W
Mississauga, ON L5C 4G3

Chiropractic Hours:

Monday to Friday
9:00 am - 1:30 pm
3:30 pm - 7:00 pm
Saturday
9:00 am - 12:00 pm

Massage Hours:

Monday
3:00 pm - 6:00 pm
Tuesday (*NEW)
10:00 am - 1:30 pm
3:30 pm - 7:00 pm
Wednesday
9:00 am - 12:00 pm
Friday (*NEW)
3:30 pm - 6:30 pm
Saturday
9:00 am - 12:00 pm

Inside This Issue:

Holiday Office Hours	1
*NEW Massage Hours	1
My Journey by Valerie Madden	1
Dr. Chan's Farewell	2
Halloween Contest at CCH	2
Pumpkin Draw Contest at CCH	2
Gift of Health Special	2

When I married John, I was 37 years old and he was 40 years old. It was the first marriage for both of us and neither one of us had any children from previous relationships. We were very excited to start a family and assumed we would get pregnant on our honeymoon. You spend your life practicing birth control and when you finally want to get pregnant, you just assume that it will happen automatically.

Well, one day before our 5th year anniversary, we brought our bundle of joy home from the hospital and this is our journey.

We tried having a family on our own for a year without success. I soon discovered that I had a large fibroid in my uterus that had to be removed. Thereafter, we were with Dr. Librach, a fertility specialist, for 2 years and had gone through a total of 8 inseminations and 3 IVF's. We took the aggressive route as we were constantly reminded of my age and the decreased quality of my eggs. We were not successful and finally gave up.

My chiropractor at the time told me about Dr. Amaro in Arizona who had much success with fertility

acupuncture and I e-mailed him with my history. He responded to my e-mail the next day and told me not to give up and advised of a **Dr. Rex Lee** who practiced with him and was located in Mississauga. I met with Dr. Lee for the first time in tears. We quickly went to work and almost a year to the day of my first treatment, I became pregnant and nine months later, at the age of 42 years, delivered a healthy baby girl named Emilie. Our miracle baby !!



Congratulations to John & Valerie's new baby girl!

I can honestly tell you I never gave up my faith that I would conceive even though I had gone through some trying times and depressed stages. My heart was totally behind every acupuncture procedure with lots of prayers. Dr. Lee was great making me feel positive and feeling healthy. I always joke and say I give 50% credit to my husband and 50% credit to Dr. Lee.

Our Services Include:

Chiropractic
Acupuncture
Electro Meridian Imaging
Massage Therapy

Custom Foot Orthotics
TOG Gait Scan
Kinesiotaping
Nutritional Supplements



Valerie & Dr. Rex Lee.

I just want every woman to know that no matter what anyone or any doctor tells you, never give up on your faith to conceive. It is in every one of us to get pregnant. Nature has a way of responding to our prayers. If I can give birth to my first child at 42 years of age and after 5 years of trying almost every possible method of medicine out there, you can do it too!

JUST BELIEVE !!



Meet Baby Emilie Madden.

Holiday Office Hours:

The office will be closed from December 25th to January 1st. The office will re-open **January 2nd, 2007.**

Dr. Chan's Farewell



Congratulations on your marriage!

As many of you know, I recently got married on October 28th, 2006. My husband is Dr. Timothy Yon, who is also a chiropractor. He currently resides in Chicago, Illinois USA, and I will be relocating to join him at the end of this year.

Writing this letter is bittersweet for while I am excited to join Tim, I am extremely sad to leave you and The Centre for Chiropractic Health. As you know, Dr. Rex Lee and I built this practice together and you have helped us grow to where we are today. I thank you for your confidence in selecting me as your doctor.

The Centre for Chiropractic Health is committed to providing you with the highest quality level of health care. We will continue with our mission of service excellence, and therefore, Dr. Lee will be assuming all of my patients as of **January 1st, 2007**. Many of you already know Dr. Lee, and I am leaving you in the most capable hands. Dr. Lee is my chiropractor, my family's chiropractor, and has my absolute endorsement of approval. I will begin transitioning my patients this month to

Dr. Lee and will review each and every patient case with him. He is looking forward to meeting you, continuing your plan of care and delivering excellent patient service.

I hope that in my future practice, I will meet wonderful patients such as you. I wish you much health and happiness.
All the best, *Dr. Kitty Chan*

Halloween Contest at CCH



Congrats to Baby Amy Tan (left) for winning the best Halloween costume! Congrats to Wayne Tan (Father), as first runner up.



Pumpkin Draw Contest at CCH



Congrats to Myola (left) for winning the draw and Jennifer (right) for guessing the closest weight (actual weight 27.5 lbs).

The Gift of Health



Thank you for contributing to our November Food Drive!

Dear Friend:

Thank you for being an incredible patient and for helping us to make this a great year! As you know, health is a gift you cannot buy. As we approach the holiday season, we ask you to share this *Gift of Health* with someone you care about. This entitles your friend or loved one to receive a **COMPLIMENTARY INITIAL EXAM**. If you have not been in the office in the last 6 months, please use this certificate for a *complimentary update exam*.

We hope to see you soon!
The Centre for Chiropractic Health



Gift of Health Certificate
Consultation, Health History, Neurological and Orthopedic Exam, Report of Findings and Treatment
(\$70 Value)
Offer Expires: **January 31, 2007**
(905) 306-0220
www.chiropractichealth.ca